

# Common Roots Farm

CSA share #17: week of September 30, 2019

Three weeks left! It's Week #17 of our CSA venture to bring healthy food and beautiful flowers into your home! We hope you are enjoying our first season of providing you with fresh, nutritionally dense produce and our beautiful, organically grown flowers. As always, if you have comments for us, please let us hear from you at [CSA@commonrootsfarm.org](mailto:CSA@commonrootsfarm.org).

Today's farmer of the week is Jenny, our inclusion specialist. Jenny first came to Common Roots in 2016 while we were just starting out and she was living and studying at Green Gulch Farm Zen Center. Over the next 2 years, Jenny stayed in touch regularly and came to our Workdays. This April, Jenny came to live and work at the farm and bring her invaluable skills and experience as an inclusion expert in Special Education, and to share her knowledge of community farming. Jenny's mandate was to develop the tools, procedures



and programs so volunteers and staff of all abilities can farm. Jenny leads our morning circle each week on volunteer days and works with farmers individually and in groups to increase their skills. She does outreach to organizations for People with Developmental Disabilities. Jenny created our new 'Partner Farmers' program while continuing to grow our Seed to Salad program and supporting partnering groups like Shared Adventures Garden Program. However, this does not fully show this amazing young woman's true gifts. As I wrote this piece, I asked some passing farmers to describe Jenny and here's what they said: wise, centered, a good heart, peaceful, knowledgeable, thoughtful, helpful, kind, person centered, quick to smile. In just a few months, Jenny has become a special member of our farm family, integral to our community, culture and growth as a fully inclusive farm.

This week's CSA share includes a market bouquet, a head of Butter Lettuce, a head of red Romaine lettuce, a pint of strawberries, and a quart of mixed tomatoes. We also want to let you know that next week, there will not be flowers in your CSA share. Our florists will all be busy preparing for a wedding.. We will be offering some winter squashes, though, to offer some new tastes for Fall. We hope you enjoy your share of Common Roots Farm! Please offer any feedback or questions to us at: [CSA@commonrootsfarm.org](mailto:CSA@commonrootsfarm.org)

Thank you!